

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Sunday, Oct 1

[Book Clubs](#) – All Cape Breton Regional Libraries, CBRL

[Celebrate Symphony Week](#) – Halifax Central Library

[Food Preserving with Mi'kmaq Mama Cheyenne Joseph](#) – Keshen Goodman Library, Halifax

[Grandparents Welcome!](#) – All Pictou-Antigonish Regional Libraries, PARL

[Movie Screening: Age of Love](#) – Tatamagouche

[Steampunk Bookclub](#) – Alderney Gate Library, Dartmouth

Monday, Oct 2

[Adult Colouring Club](#) – New Waterford

[Author Margaret Gracie: Plastic](#) -Halifax Central Library

[Book Clubs](#) – All Cape Breton Regional Libraries, CBRL

[Bridge](#) – Keshen Goodman Library, Halifax

[Bridge](#) – Woodlawn Library, Dartmouth

[Conversations That Matter](#) – Halifax Central Library

[Design Thinking Workshop](#) – Halifax Central Library

[Business AdvantAGE](#) – Halifax Central Library

[EBooks with Libby](#) - Lunenburg

[Eyes O'Pen Drawing](#) – Tatamagouche

[Games Night for Seniors](#) - Weymouth

[Grandparents Welcome!](#) – All Pictou-Antigonish Regional Libraries

[In Conversation with Linden MacIntyre](#) – Keshen Goodman Library, Halifax

[Meet Author & Writer Lesley Crewe](#) – Canso

[Meet Author & Writer Lesley Crewe](#) - Guysborough

[Mentorship – Making Connections Across Generations](#) – Halifax Central Library

[Movie Night at the Playhouse! Relative Happiness](#) - Louisbourg

[Retirees Make Great Entrepreneurs](#) – Halifax Central Library

[SHIFT to Advantage](#) – Halifax Central Library

[Small Business Café Networking Group](#) – Halifax Central Library

[Social-Cultural View of African Nova Scotian History](#) – Halifax Central Library

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Tuesday, Oct 3

[Aboriginal Architecture, Living Architecture](#) – Alderney Gate Library, Dartmouth

[Art and Paint Group](#) - Sheet Harbour

[Arthritis Information Session](#) – Tantallon

[Book Club: The Couple Next Door](#) – Woodlawn Library, Dartmouth

[Book Clubs](#) – All Cape Breton Regional Libraries, CBRL

[BreakSpace](#) – Halifax Central Library

[Chess](#) – Sydney

[Digital Magazines with RBDigital](#) – Keshen Goodman Library, Halifax

[English Conversation Group](#) – Woodlawn Library, Dartmouth

[Family Caregiver Education Series](#) – Westville

[Fidget Quilts](#) – Pubnico

[Gentle, Restorative Yoga](#) – Baddeck

[Go Seniors, Go](#) – Keshen Goodman Library, Halifax

[Grandparents Welcome!](#) – All Pictou-Antigonish Regional Libraries

[Handcraft Circle](#) - Liverpool

[Handcrafts](#) – New Waterford

[In the Kitchen Makin' Bacon Pancakes](#) - Sackville

[Knitting Group](#) – Stellarton

[Learning Mi'kmaq Perspectives: Earth Element](#) – Halifax Central Library

[Local History & Tour of Tatamagouche](#) – Tatamagouche

[Meet Author & Writer Lesley Crewe](#) – Petit de Grat

[Meet Author & Writer Lesley Crewe](#) – Port Hawkesbury

[Mouse and Keyboard Basics](#) – Truro

[Movie: Foreign Film Fest Asia's *In the Mood For Love*](#) – Halifax Central Library

[Needle Niche](#) – Woodlawn Library, Dartmouth

[Origins of GST and HST](#) – Halifax Central Library

[Pictou County Naturalists Club presents *The Secret Lives of Atlantic Puffins*](#) – New Glasgow

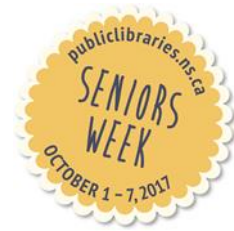
[Seniors Tea](#) – Meteghan

[Singing the Nature of Love - Ten Operas](#) – Keshen Goodman Library, Halifax

[Take a Hike](#) – Keshen Goodman Library, Halifax

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Wednesday, Oct 4

[Artist Ed Pien](#) – Halifax Central Library

[Authors Johnston \(*First Snow, Last Light*\) & Faber \(*All is Beauty Now*\)](#) – Halifax Central Library

[BINGO for Seniors](#) – Yarmouth

[Book Clubs](#) – All Cape Breton Regional Libraries, CBRL

[Celebration of Nova Scotia Architecture](#) - Sydney

[Classic Movie Night: The Day the Earth Stood Still](#) – Amherst

[Community Café presents Travels through Greece](#) - Westville

[Community Café with Ann Wells and friends!](#) – Antigonish

[Drama Queens](#) – Baddeck

[eBook Publishing for Beginners](#) – Halifax Central Library

[EBooks with Libby](#) - Liverpool

[English Conversation Group for Women](#) – Keshen Goodman Library, Halifax

[Evening Movie](#) - Baddeck

[Fandom Wednesdays: Hench-Kin's Guild of Halifax RPG Club](#) – Halifax Central Library

[Fibre Crafts](#) – Hantsport

[Finnegan's Wake Reading Group](#) - Sydney

[Grandparents Welcome!](#) – All Pictou-Antigonish Regional Libraries

[Handcraft Circle](#) - Lunenburg

[Just for Fun Trivia](#) – Tatamagouche

[Learn to Play Chess](#) - Bridgewater

[Movie Matinee: The Case for Christ](#) – Woodlawn Library, Dartmouth

[Movie Night: Wonder Woman](#) – Woodlawn Library, Dartmouth

[Politics and Globalization](#) – Halifax Central Library

[Quilting Together](#) – Musquodoboit Harbour

[Recipe Exchange and Cookies in a Jar](#) – Sheet Harbour

[Scrabble](#) – Hubbards

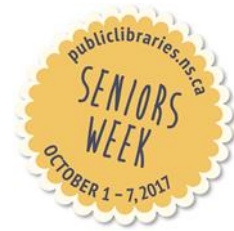
[Stitch Niche](#) - Sackville

["Stories of a Century"](#) - Shelburne

[Web Basics for Silver Surfers](#) - Truro

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Thursday, Oct 5

[Book Clubs](#) – All Cape Breton Regional Libraries, CBRL

[Bridge Club](#) - Spryfield

[Canada Pension and More!](#) – Middleton

[Chair Yoga](#) – Lockeport

[Con Brio Recorder Consort](#) – Alderney Gate Library, Dartmouth

[Creative Fibre Arts](#) – Berwick

[Death Café \(en français\)](#) – Meteghan

[Discover Peace Within with Sahaja Meditation](#) – Keshen Goodman Library, Halifax

[English Conversation Group](#) – Halifax Central Library

[English Conversation Group](#) – Keshen Goodman Library, Halifax

[English Conversation Group for Women](#) – Keshen Goodman Library, Halifax

[English Conversation Group for Women](#) - Spryfield

[Fibre Lunch](#) – North Sydney

[Food and Mood](#) – Halifax North Library, Halifax

[Gaelic for Beginners](#) – Pictou

[Games Night](#) - Liverpool

[Grandparents Welcome!](#) – All Pictou-Antigonish Regional Libraries

[History of Advertising in Canada](#) – Halifax Central Library

[Job Junction](#) - Spryfield

[Knitting and Crocheting Group](#) – Pictou

[Shambhala Meditation](#) - Sydney

[Mi'kmaq History of the Maritimes](#) – New Glasgow

[Movie Night: The Age of Love](#) – Halifax Central Library

[Needle Niche Craft Social Group](#) - Tantallon

[Nutrition for Seniors](#) – Barrington Passage

[T-shirt Painting](#) – Tatamagouche

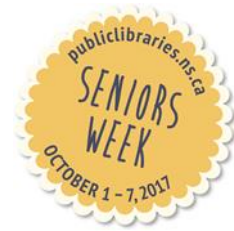
[Think Export](#) – Halifax Central Library

[Thursday Night Lecture Series](#) - Baddeck

[Wayne Johnston @ The Lunenburg Library](#) - Lunenburg

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Friday, Oct 6

[Adult Colouring](#) - Liverpool

[Book Club](#) – Tatamagouche

[Book Clubs](#) – All Cape Breton Regional Libraries, CBRL

[Bridge at the Library](#) - Tantallon

[Community Stories of War and Peace](#) – Keshen Goodman Library, Halifax

[Connect Hearing Clinic](#) – Middleton

[Create with Alcohol Inks for Adults](#) – Lawrencetown

[Discover Your Inner Artist](#) - Sackville

[Fibre Lunch](#) - Sydney

[Fibre Ops](#) – Windsor

[Games at the Library](#) - Tantallon

[Grandparents Welcome!](#) – All Pictou-Antigonish Regional Libraries

[Internet Safety](#) – Truro

[Knitters' Circle](#) – Keshen Goodman Library, Halifax

[Knitting Circle led by the RJ Square Knitters](#) – River John

[Knitting Circle led by the Stellar Knitters](#) – Stellarton

[Knitting Club](#) – Glace Bay

[Movie: Going in Style](#) – Halifax Central Library

[Skip-Bo](#) – Bridgetown

[Thanksgiving Cook-Off](#) - Spryfield

[Traditional Rug Hooking](#) – Keshen Goodman Library, Halifax

[Wee Ones @ Alderwood](#), Baddeck

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Saturday, Oct 7

[Acoustic Song Circle](#) – Halifax Central Library

[Book Clubs](#) – All Cape Breton Regional Libraries, CBRL

[Celebration and Tea with Author Allison Lawlor](#) – Halifax Central Library

[Cultural Showcase of Woodlawn](#) – Woodlawn Library, Dartmouth

[English Conversation Group](#) – Alderney Gate Library, Dartmouth

[English Conversation Group 1](#) – Keshen Goodman Library, Halifax

[English Conversation Group \(Intermediate Level\)](#) - Bedford

[Grandparents Welcome!](#) – All Pictou-Antigonish Regional Libraries

[Handcraft Circle](#) – Greenfield, Queens County

[Learn to Meditate](#) - Baddeck

[Libraries 150: Author Reading: Stephanie Domet](#) – Hantsport

[Life's Third Act: Ted Talk](#) – Truro

[Movie: Megan Leavey](#) - Sackville

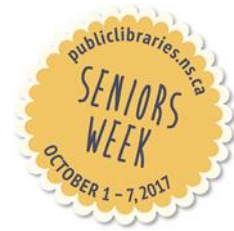
[Movie: Shin Godzilla](#) – Halifax North Library, Halifax

[Paint Café](#) – New Waterford

[Tea and Entertainment](#) – Tatamagouche

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<http://publiclibraries.ns.ca>



Annapolis Valley Regional Library <http://valleylibrary.ca/>

Fibre Crafts

Wed, Oct 4

1 - 3 pm

Isabel & Roy Jodrey Library, Hantsport

For knitters, hookers, crocheters, weavers and spinners ... or anyone who enjoys the fibre craft arts. An opportunity to share stitches & time. Bring your own project. Every Wednesday. Everyone welcome! For more information call 902-684-0103.

Canada Pension and More!

Thurs, Oct 5

10:30 am – 12:30 pm

Rosa M. Harvey Middleton & Area Library

Thinking about retirement? Come for an informative talk about Service Canada programs and services for seniors. Bring a brown bag lunch, if you are working that day. Ask Citizen Services Specialist Bill Gregory your Canada Pension and Old Age Security questions. Learn about Guaranteed Income Supplement and Canada Pension Disability. Take an in-person guided tour of the Service Canada website and learn how to explore a wide range of government programs online, including programs for seniors at provincial and municipal levels as well. Come get the knowledge to start planning your retired life. Please register. Call the library at 902-825-4835.

Creative Fibre Arts

Thurs, Oct 5

1 - 3 pm

Berwick and District Library

Join us and let your creative side take over. Come and knit, crochet, rug hook, spin, weave. Bring your own project and meet new friends. Everyone welcome! Thursday's 1-3 pm, except the last Thursday of the month - 6 - 8 pm. Call 902-538-8060

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Connect Hearing Clinic

Fri, Oct 6

10 am – noon

Rosa M. Harvey Middleton & Area Library

Hearing well means enjoying conversation again. Call the library to register for a FREE 15 minute hearing health screening to find out if you require further testing for hearing loss. Call 902-825-4835 to schedule your free appointment.

Create with Alcohol Inks for Adults

Fri, Oct 6

10:30 am – noon

Dr. Frank W. Morse Memorial Library, Lawrencetown

Learn to use Alcohol Inks and create beautiful, amazing pieces of art. Working with alcohol inks and ceramic tiles, participants will learn to experiment with color and texture. This art form easily creates flowers, landscapes, and abstract shapes. The tiles will be sealed after they have completed drying. Ages 19 +. This workshop is free and all materials will be supplied. Please note that the inks do contain alcohol, and will have a smell. If you are scent-sensitive, please be aware of this. Registration is required. Call 902-584-3044

Fibre Ops

Fri, Oct 6

10 am - noon

Windsor Regional Library

For knitters, hookers, crocheters, weavers and spinners ... or anyone who enjoys the fibre craft arts. An opportunity to share stitches & time. Bring your own project. Every Friday. Everyone welcome! Call 902-798-5424 for information.

Skip-Bo

Fri, Oct 6

1 – 4pm

Bridgetown & Area Library

Spend your Friday afternoons in the DeVenney Room of the library and enjoy a lively game or two of Skip-Bo with other enthusiasts. For details, call 902-665-2758.

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LIBRARIES 150: Author Reading: Stephanie Domet

Sat, Oct 7

3 - 4 pm

Isabel & Roy Jodrey Memorial Library, Hantsport

Join author and journalist Stephanie Domet as she reads from her book, *Fallsy Downsies*, as well as her work in progress. The tea kettle will be on and the cookie brigade has been called into action. Everyone welcome! This workshop is made possible by *Libraries 150*, Communities Culture, & Heritage, and the Nova Scotia Library Association. To register, call 902-684-0103.

Cape Breton Regional Library <http://cbri.ca/>

Book Clubs

Adults and Seniors in 5 of the 32 Cape Breton Regional Library (CBRL) Book Clubs across the region will meet to discuss their current reads during Seniors Week. CBRL provides sets of 10 books of over 180 titles for book clubs meeting in a library or in the community. New clubs and new members are always welcome. Register by calling 902-562-3279.

Adult Colouring Club

Mon, Oct 2

2-4 pm

New Waterford Library

Express your creativity and experience the stress reducing benefits of adult colouring. Supplies available. Mondays starting Oct. 2nd. For more information, call 902-862-2892.

Movie Night at the Playhouse! *Relative Happiness*

Mon, Oct 2

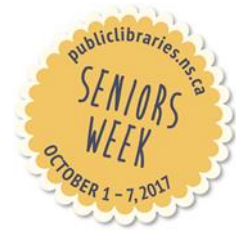
7-8:30 pm

Louisbourg Playhouse, 11 Aberdeen St, Louisbourg

Come for a free screening of *Relative Happiness*, based on the book by Lesley Crewe, and hosted by the Cape Breton Regional Library. Presented with permission from Lady Hammond Entertainment Inc. For information, call the Louisbourg Library, 902-733-3608.

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Chess

Tues, Oct 3

1 - 4 pm

James McConnell Memorial Library, Sydney

Join us every Tuesday and learn how to play with chess aficionado Bernie Buschell. For information, call 902-562-3279.

Gentle, Restorative Yoga

Tues, Oct 3

9:30 - 10:30 am

Baddeck Library

Ease into autumn with five weeks of gentle, restorative yoga, led by instructor Patsy MacKenzie. Enjoy the tranquillity of the library before it opens for the day! All ages and fitness levels are welcome to attend this free yoga series. For more information, call 902-295-2055.

Handcrafts

Tues Oct 3rd

6:30 - 8:00 pm

New Waterford Library

Bring your knitting, cross-stitch, sketching, or colouring, and enjoy some conversation and a chance to share ideas and projects. For information, call 902-862-2892.

Drama Queens

Wed, Oct 4

5 - 6 pm

Baddeck Library

The Drama Queens (open to both men and women) are a group of folks who meet weekly to read plays out loud, for fun, with no experience necessary. Register by phone to join in. Call 902-295-2055.

Evening Movie

Wed, Oct 4

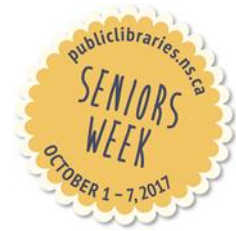
6:30 – 8pm

Baddeck Library

Title TBA – Weekly screenings of interesting new and old films for grown-ups! For information, call 902-295-2055

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



A Celebration of Nova Scotia Architecture

Wed, Oct 4

7 - 9 pm

James McConnell Memorial Library, Sydney

The Nova Scotia Association of Architects presents Architecture Week 2017 – Astonishing! For information, call 902-562-3279

Finnegan’s Wake Reading Group

Wed, Oct 4

7 - 9 pm

James McConnell Memorial Library, Sydney

After Ulysses, there is Finnegan’s Wake – James Joyce’s avant-garde comic novel with a reputation of being one of the most difficult works of fiction in the English language. Read it along with this group to get the most from the experience. For information, call 902-562-3279.

Fibre Lunch

Thurs, Oct 5

1 - 3 pm

Wilfred Oram Centennial Library, North Sydney

Drop-in with your fibre craft project and join us every Thursday for conversation and a cup of tea. Everyone welcome. For information, call 902-794-3272.

Shambhala Meditation

Thurs, Oct 5

6:30 - 8:30 pm

James McConnell Memorial Library, Sydney

Everyone is welcome to join the Sydney Shambhala Group for meditation at the McConnell Library the first Thursday of every month. *Guided meditation instruction will be provided.* For information, call 902-562-3279.

Thursday Night Lecture Series

Thurs, Oct 5

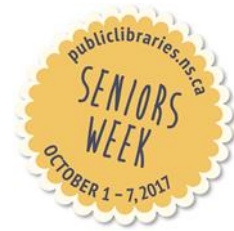
6:30 - 8 pm

Baddeck Library

TBA - Weekly guest speaker on a wide variety of topics. For information, call 902-295-2055

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Wee Ones @ Alderwood

Fri, Oct 6

10 - 11 am

Alderwood Rest Home, 89 Alderwood Lane, Baddeck

Babies and children up to age five and their caregivers enjoy songs, stories and rhymes, and creative activities in the company of the residents of Alderwood and library staff. No registration necessary. For information, call the Baddeck Library, 902-295-2055.

Fibre Lunch

Fri, Oct 6

1 - 3 pm

James McConnell Memorial Library, Sydney, NS

Drop-in with your fibre craft project and join us every Friday for conversation and a cup of tea. Everyone welcome. For information, call 902-562-3279.

Knitting Club

Fri, Oct 6

7 - 8:30 pm

Glace Bay Library

All are welcome to join us each Friday evening for knitting and conversation. For information, call 902-849-8957.

Paint Café

Sat, Oct 7

10am – noon

New Waterford Library

As part of the 150 Library Makers series, local retired art teacher, Cathy Timmons will teach you how to paint a fall tree. (Program is **FULL**) For information, call 902-862-2892.

Learn to Meditate

Sat, Oct 7

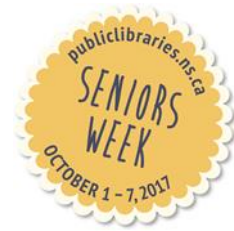
5 - 6 pm

Baddeck Library

An hour of meditation instruction and practice for health and well-being, with instructor Scott Noble. For information, call 902-295-2055.

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Colchester-East Hants Regional Library <http://lovemylibrary.ca/>

Movie Screening: *Age of Love*

Sun, Oct 1

2 – 3:30pm

Tatamagouche Library

This 2014 film follows a group of 70 to 90-year-olds who attend a speed dating event looking for new love and companionship. Pre-register by calling 902-657-3064. This event is sponsored by The North Shore Seniors Organization and Tatamagouche Library.

Eyes O’Pen Drawing with Ume Hermanski

Mon, Oct 2

2 – 3pm

Roach Hall, Tatamagouche

No drawing experience required. Supplies provided. For information, call 902-657-3064. This event is sponsored by The North Shore Seniors Organization and Tatamagouche Library.

Local History & Tour of Tatamagouche

Tues, Oct 3

2 – 3:30pm

Tatamagouche Library

Drop in and enjoy talks on *Historical Main Street* with Don Beeler and *What the North Shore Archives Has to Offer* with Linda Glass. The talks will be followed by a tour of Tatamagouche (Sharon) Cemetery, weather permitting. For information, call 902-657-3064. This event is sponsored by The North Shore Seniors Organization and Tatamagouche Library.

Mouse and Keyboard Basics

Tues, Oct 3

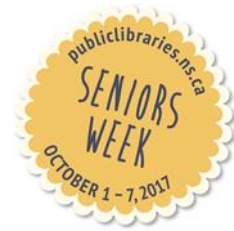
10:30 - 11:30am

Truro Library

Registration required. Starting with the basics, this class will go over all the components of a computer, how it works and what you do with a computer. For more information, call 902-895-4183.

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<http://publiclibraries.ns.ca>



Just for Fun Trivia with Beth Carruthers

Wed, Oct 4

2 – 3pm

Roach Hall, Tatamagouche

Drop in and enjoy answering some trivia questions. No ridiculously difficult questions AND prizes to be won! For more information, call 902-657-3064. This event is sponsored by The North Shore Seniors Organization and Tatamagouche Library.

Web Basics for Silver Surfers

Wed, Oct. 4

10:30 - 11:30am

Truro Library

Registration required. Explore the Internet using web addresses and search engines, get to know the library's website and other useful tips. For more information, call 902-895-4183.

T-shirt Painting with Katie Levy

Thurs, Oct 5

2 – 3pm

Tatamagouche Library

Come and create free-hand art or use an iron-on template. T-shirts will be provided. For information and to pre-register call 902-657-3064. This event is sponsored by The North Shore Seniors Organization and Tatamagouche Library.

Book Club with Desirée Jans

Fri, Oct 6

2 – 3pm

Tatamagouche Library

Come and discuss *The Deception of Livvy Higgs* by Donna Morrissey. Copies are available at the Tatamagouche Library. For information and to pre-register call 902-657-3064. This event is sponsored by The North Shore Seniors Organization and Tatamagouche Library.

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Internet Safety

Fri, Oct 6

10:30 - 11:30am

Truro Library

Registration required. Learn what to look for when you are browsing the internet and using your email. Covers jargon and terms, information on the different types of internet scams and how your internet browser can help prevent hackers and viruses. For more information, call 902-895-4183.

Life's Third Act: Ted Talk

Sat, Oct. 7

2:30 - 3:30pm

Truro Library

Drop-ins welcome. TED is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks. With this generation, an extra 30 years have been added to our life expectancy and these years aren't just a footnote. Jane Fonda asks how we can re-imagine this new phase of our lives in her talk "Life's Third Act". For more information, call 902-895-4183.

Tea and Entertainment

Sat, Oct 7

1 – 4pm

Roach Hall, Tatamagouche

Drop in and enjoy an entertaining afternoon. Music by Eric Fresia, food & raffles, and the door prize is a private "Angel Reading" with Karen Forrest! For more information, call 902-657-3064. This event is sponsored by The North Shore Seniors Organization and Tatamagouche Library.

Cumberland Public Libraries <http://cumberlandpubliclibraries.ca/>

Classic Movie Night: *The Day the Earth Stood Still*

Wed, Oct 4

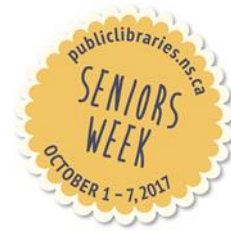
7 – 8:30pm

Amherst Library

Starring Michael Rennie and Patricia Neal, this 1951 science fiction movie tells the story of an alien landing and telling the people of Earth that they must live peacefully or be destroyed as a danger to other planets. Free admission--donations cheerfully accepted! For information, call 902-667-2549.

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<http://publiclibraries.ns.ca>



Eastern Counties Regional Library <http://ecrl.library.ns.ca/>

Meet Author & Writer Lesley Crewe

4 events

Mon, Oct 2

3pm – Canso Library – 902-366-2955

7pm – Guysborough Library – 902-533-3586

Tues, Oct 3

1pm – Port Hawkesbury Library – 902-625-2729

7pm – Petit de Grat Library 902-226-3534

Bring a Friend and come enjoy a cup of tea as Cape Breton author Leslie Crewe entertains us with her stories. She is sure to bring laughter with her colorful stories!

Halifax Public Libraries <http://halifaxpubliclibraries.ca/>

Conversations That Matter

Mon, Oct 2

9:30am

Halifax Central Library

Join us to talk about intergenerational opportunities in this world café style conversation, and help break down barriers by replacing them with collaboration. This session is in partnership with Common Good Solutions. This event is sponsored by the Department of Seniors and Halifax Public Libraries. For information, call 902-490-5706.

Design Thinking Workshop

Mon, Oct 2

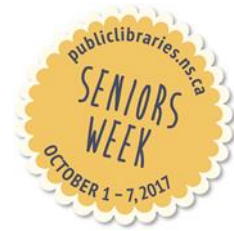
11am

Halifax Central Library

This session, in partnership with Design Lab, will benefit people of all ages by learning how to turn opportunities into results. This event is sponsored by the Department of Seniors and Halifax Public Libraries. For information, call 902-490-5706.

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Business AdvantAGE

Mon, Oct 2

1:30pm

Halifax Central Library

Starting a business is exciting and challenging at any age. Join our panel discussion to talk about what it takes to get a business off the ground as an older (or younger) entrepreneur. This session is in partnership with Startup Canada Halifax, Common Good Solutions and The Money Finder. This event is sponsored by the Department of Seniors and Halifax Public Libraries. For information, call 902-490-5706.

Mentorship – Making Connections Across Generations

Mon, Oct 2

3:30pm

Halifax Central Library

Interested in being a mentor? Looking for a mentor? Come and share a little bit about who you are. You might find a mentorship “match.” This session is in partnership with Futurepreneur. This event is sponsored by the Department of Seniors and Halifax Public Libraries. For information, call 902-490-5706.

SHIFT to Advantage

Mon, Oct 2

5:30pm

Halifax Central Library

Older adults contribute their time, energy, and knowledge across the province. Join us for an evening of discussions that explore the contributions of older adults and the opportunities for an aging population in our province. Sharon Davis-Murdoch, Tom Emodi, and Chantal Pelham-Edwards will inspire us with their experiences and perspectives. This event is sponsored by the Department of Seniors and Halifax Public Libraries. For information, call 902-490-5706.

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Movie Night: *The Age of Love*

Thurs, Oct 5

5:30pm

Halifax Central Library

This 2014 film follows a group of 70 to 90-year-olds who attend a speed dating event looking for new love and companionship. In partnership with Mount Saint Vincent University's Centre on Aging, we are delighted to showcase a film that is sure to entertain, enlighten, and break down age-related stereotypes. This event is sponsored by the Department of Seniors and Halifax Public Libraries. For information, call 902-490-5706.

Celebrate Symphony Week

Sun, Oct 1

Two performances: 1:30pm and 3pm

In this family-friendly, season kick-off concert, Symphony Nova Scotia and conductor Gary Ewer explore how stories can come alive through music. Hear excerpts from Tchaikovsky's *The Nutcracker*, Grieg's *Peer Gynt*, Strauss' *Thunder and Lightning Polka*, and much more. This concert is a great way to experience a live orchestra for the first time, and all ages are welcome. For information, call 902-490-5706.

Food Preserving with Mi'kmaq Mama Cheyenne Joseph

Sun, Oct 1

2:30pm

Keshen Goodman Public Library, Halifax

Preserve the fall bounty and learn about traditional canning, freezing and drying methods. For information and to register, call 902-490-5738. *Registration required.*

Steampunk Bookclub

Sun, Oct 1

3 – 4:30pm

Alderney Gate Public Library, Dartmouth

Honour the arts, crafts and aesthetic of sci-fi inspired by the Industrial Revolution. This month, we are exploring Samuel Butler, *Erewhon*, 1872. Free e-text can be found at <http://www.gutenberg.org/files/1906/1906-h/1906-h.htm>. Visit the Jules Verne Phantastical Society Facebook page for more information or call 902-490-5745.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Retirees Make Great Entrepreneurs: A How-to Discussion for Older Adults

Mon, Oct 2

9:30am - 4:30pm

Halifax Central Library

There are many opportunities for older adults to develop businesses and be involved in both for-profit and social enterprise businesses. In this discussion, we will name these opportunities and review the practicalities of starting a business at a later age. Also, for those with business knowledge, we will talk about how to make connections with other entrepreneurs and get involved in mentorship practices. After all, there are more ways than one to contribute during this new chapter of life. For more information, call 902-490-5706.

A Social-Cultural View of African Nova Scotian History

Mon, Oct 2

10am – noon

Halifax Central Library

This series will explore the rich history and cultural traditions of the African Nova Scotian (ANS) experience and examine the history and contemporary issues facing ANS. You will discover the ways that race, gender, class, disability, sexual identity, and age affect ANS. We will reflect on the lived reality of oppression and traditions of survival, resistance, activism, and critical hope, and explore creative ways to bridge differences and build alliances to effectively work with this community. For more information, call 902-490-5706.

Bridge

Mon, Oct 2

Two events: 10am – 12:45pm and 1 – 3:30pm

Keshen Goodman Public Library, Halifax

Meet and play with other bridge lovers. Some experience is necessary. For more information, call 902-490-5738.

Bridge

Mon, Oct 2

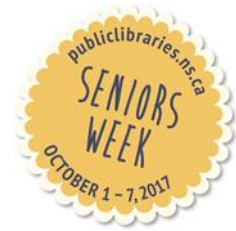
10am – noon

Woodlawn Public Library, Dartmouth

Meet and play with other bridge enthusiasts. Some experience is necessary. Mondays except holidays. For more information, call 902-490-2636.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Small Business Café Networking Group

Mon, Oct 2

6:30 - 8:30pm

Halifax Central Library

Meet, learn, and share your experiences and issues with other small business owners like yourself. Bring your business cards and get ready to connect. Discover resources to find answers to your questions. The Small Business Café is a monthly networking for small business start-ups and owners. For more information, call 902-490-5706.

Author Margaret Gracie: *Plastic*

Mon, Oct 2

7 – 8:30pm

Halifax Central Library

Plastic presents twelve linked short stories that unfold the tale of Debbie Pearce, a former pageant queen who struggles to balance the responsibilities of motherhood with her relentless pursuit of the American Dream. For more information, call 902-490-5706.

In Conversation with Linden MacIntyre

Mon, Oct 2

7pm

Keshen Goodman Public Library, Halifax

Linden MacIntyre is back with a timely and gripping novel that is both a moving mystery and an illuminating exploration of how the traumatic past, if left unexamined, shadows every moment of the present. MacIntyre is an award-winning and bestselling author and distinguished broadcast journalist who spent 24 years as co-host of *the fifth estate*. Linden will be in conversation with bestselling author and Local Xpress Columnist John DeMont. For more information, call 902-490-5738.

Art and Paint Group

Tues, Oct 3

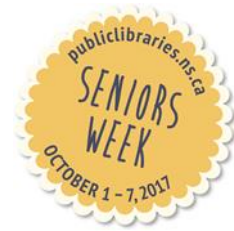
10am – 12:30pm

Sheet Harbour Public Library

Do you enjoy painting, knitting, crocheting, drawing, or any other hands-on crafts? Please join us to share your talents while you socialize with tea and a treat. For more information, call 902-885-2391.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



English Conversation Group

Tues, Oct 3

10 – 11:30am

Woodlawn Public Library, Dartmouth

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. To register, call 902-490-2636.

The Origins of GST and HST

Tues, Oct 3

Noon – 1pm

Halifax Central Library

This session is a review of taxable and exempt supplies of goods and services, and the various rates of tax to be collected. For more information, call 902-490-5706.

NFB's Indigenous Cinema on Tour: Aboriginal Architecture, Living Architecture

Tues, Oct 3

1 – 1:30pm

Alderney Gate Public Library, Dartmouth

Featuring expert commentary and stunning imagery, this documentary provides a virtual tour of seven Aboriginal communities, revealing how each is actively reinterpreting and adapting traditional forms for contemporary purposes. For information, call 902-490-5745.

Go Seniors, Go

Tues, Oct 3

1 – 4pm

Keshen Goodman Public Library, Halifax

Join us for adult colouring and tabletop board games. For information, call 902-490-5738.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Take a Hike with Halifax North West Trails

Tues, Oct 3

1:30pm

Keshen Goodman Public Library, Halifax

Meet in the Library lobby and enjoy a guided walk of the trails in the surrounding area. If you want to use our nordic poles from our collection, we have a limited number to borrow so book yours soon. For information, call 902-490-5738.

Singing the Nature of Love - Ten Operas from Mozart's Time Until Today

Tues, Oct 3

1:30pm

Keshen Goodman Public Library, Halifax

Experience and appreciate opera on a whole new level. Dr. Walter H. Kemp, Artistic Director of Opera Nova Scotia, will present this series of introductory talks to the Metropolitan Opera HD broadcast series at Cineplex Theatres for 2017-2018. This session looks at Bellini's *Norma*. For information, call 902-490-5738.

In the Kitchen Makin' Bacon Pancakes

Tues, Oct 3

3:30 – 4:30pm

Sackville Public Library

Come to the Library and make pancakes with a savoury twist. Jake the dog does it, so do the Dutch! Create your new favourite pancake by adding toppings you love RIGHT IN THE BATTER. For information and to register, call 902-865-3744.

Movie: Foreign Film Fest Asia's *In the Mood For Love*

Tues, Oct 3

6 – 8:30pm

Halifax Central Library

Set in Hong Kong in 1962, Chow Mo-wan and his wife move into a crowded apartment building at the same time as Su Li-zhen and her husband. When Chow and Su realize that their spouses are having an affair, they find comfort in their growing friendship – even as they resolve not to be like their unfaithful mates. The film is introduced by Chris Campbell, a blogger and member of the NSCC Screen Arts faculty. For more information, call 902-490-5706.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Learning Mi'kmaq Perspectives to Protect our Environment for Future Generations: Earth Element

Tues, Oct 3

6:30pm

Halifax Central Library

Ta'n Weji-sqalia'teik, the Mi'kmaw exclusive form, "from where we sprouted" expresses the dynamic relationship between Mi'kmaq and their ancestral landscape." The long tenure of human occupation activity, from 13,500 years (Sagiwe'kL'nuk - Ancient Ones) to (Kiskukewe'k L'nuk - Today's People), the Mi'kmaq, living along all 42 principal rivers (and boundary landscapes) in this province comprises the vehicle through which Mi'kmaw culture and history was and continues to be transmitted. Roger Lewis is with Nova Scotia Museum's Curator of Ethnology. For more information, call 902-490-5706.

BreakSpace

Tues, Oct 3

6:30pm

Halifax Central Library

Join the Library in helping grow Dance Nova Scotia's BreakSpace. This Breaking ("Breakdance") workshop is open and free to all. Participants are welcome to drop in or stay the whole time. For more information call 902-490-5706 or go to <https://www.dancens.ca/>

Needle Niche

Tues, Oct 3

7pm

Woodlawn Public Library

Join us for an evening of stitchery and conversation. Share patterns, stitches, yarn, advice, and projects, and draw inspiration from the library's crafty resources. From beginner to advanced, everyone is welcome. For information, call 902-490-2636

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Book Club: *The Couple Next Door*

Tues, Oct 3

7pm

Woodlawn Public Library, Dartmouth

How well do you know the couple next door? Or your husband? Or even—yourself? Anne and Marco Conti seem to have it all—a loving relationship, a wonderful home and their beautiful baby, Cora. But one night when they are at a dinner party next door, a terrible crime is committed. For information and to register, call 902-490-2636

Digital Magazines with RBDigital

Tues, Oct 3

7 – 8:30pm

Keshen Goodman Public Library, Halifax

Did you know you have access to hundreds of free magazines online? Join us and learn how to search for and check out your favourite magazines using RBDigital and a laptop. Prerequisite: How to Navigate the Internet or familiarity with web browsers. For information and to register, call 902-490-6410.

Arthritis Information Session with Atlantic Arthritis School Association

Tues, Oct 3

7 – 8:30pm

Tantallon Public Library

Osteoarthritis is the most common chronic condition of the joints. Sometimes called "wear and tear" arthritis or degenerative joint disease, symptoms include pain, joint swelling, and stiffness. Learn more about this condition and how to reduce its symptoms from a team of medical professionals, including physicians, physiotherapists, dieticians, and more. For information and to register, call 902-701-7838 or visit <http://www.arthritisschool.ca>.

English Conversation Group for Women

Wed, Oct 4

10am – noon

Keshen Goodman Public Library, Halifax

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. Basic English is required. For information and to register, call 902-490-6410.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



eBook Publishing for Beginners

Wed, Oct 4

1 – 2pm

Halifax Central Library

In this workshop we will discuss what an eBook is, how to format and create a variety of types of eBooks, and what skills and programs are most often used. We will also discuss the market, platforms eBooks are sold on, pricing systems and strategies, and much more. Led by Archie Gillis, EDN's Business Counselling Coordinator. For information, call 902-490-5706.

SMU Presents Politics and Globalization with Marc Doucet

Wed, Oct 4

1pm

Halifax Central Library

In this workshop, we will discuss what an eBook is, how to format and create a variety of types of eBooks, and what skills and programs are most often used. We will also discuss the market, platforms eBooks are sold on, pricing systems and strategies. For information, call 902-490-5706.

Recipe Exchange and Cookies in a Jar

Wed, Oct 4

1 – 3pm

Sheet Harbour Public Library

Bring your favourite cookie recipe and swap with a neighbour. The Library will make the photocopies for you for free. Take home a cookie pre-mix in a jar and many different recipes. For information and to register, call 902-885-2391.

Movie Matinee: *The Case for Christ*

Wed, Oct 4

1:30pm

Woodlawn Public Library

Based on the true story of an award-winning investigative journalist, and avowed atheist, who applies his well-honed journalistic and legal skills to disprove the newfound Christian faith of his wife... with unexpected, life-altering results. *Free tickets given out 60 min before event.* For information, call 902-490-2636.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Scrabble

Wed, Oct 4

2pm

J.D. Shatford Memorial Public Library, Hubbards

Join us for an afternoon of Scrabble and Quiddler. For information, call 902-857-9176.

Fandom Wednesdays: Hench-Kin's Guild of Halifax RPG Club

Wed, Oct 4

5 – 8:30pm

Halifax Central Library

The Hench-Kin's Guild of Halifax is a club dedicated to tabletop roleplaying games (RPGs), including Dungeons & Dragons, Call of Cthulhu, and many more! These games are fun, social events, and no prior experience is necessary. Everyone 14+ welcome. For information, call 902-490-5706.

Artist Ed Pien

Wed, Oct 4

6pm

Halifax Central Library

Ed Pien is one of the eight participating artists in the revived NSCAD Lithography Workshop: Contemporary editions, supported by the Canada Council for the Arts New Chapters grant. Pien is a Canadian artist based in Toronto and he has been drawing for nearly 30 years. Born in Taipei, Taiwan, he immigrated to Canada with his family at the age of eleven. He holds a Master of Fine Arts degree from York University in Toronto and Bachelor of Fine Arts degree from the University of Western Ontario. For information, call 902-490-5706.

Movie Night: *Wonder Woman*

Wed, Oct 4

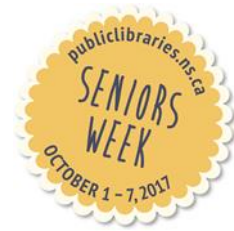
6pm

Woodlawn Public Library

Before she was Wonder Woman, she was Diana, princess of the Amazons, trained warrior. When a pilot crashes and tells of conflict in the outside world, she leaves home to fight a war, discovering her full powers and true destiny. *Free tickets given out 60 min before event.* For information, call 902-490-2636.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Authors Wayne Johnston (*First Snow, Last Light*) and Sarah Faber (*All is Beauty Now*)

Wed, Oct 4

6:30pm

Halifax Central Library

From Wayne Johnston, the author of the award-winning and international bestselling *The Colony of Unrequited Dreams*, comes an epic family mystery with a powerful, surprise ending, which features the return of the ever-fascinating Sheilagh Fielding, one of the most memorable characters in fiction. Local author Sarah Faber joins Wayne with her exquisite debut novel about family secrets, divided loyalties and the lengths we'll go to save ourselves and those we love, set against the seductive world of 1960s Rio de Janeiro. For information, call 902-490-5706.

Quilting Together

Wed, Oct 4

6:30 – 8pm

Musquodoboit Harbour Public Library

Come quilt the night away with friends every Wednesday evening. Learn to quilt or work on your own project with others. Sewing machine provided! For information, call 902-889-2227.

Stitch Niche

Wed, Oct 4

7pm

Sackville Public Library

Whatever your interest--knitting, crocheting, needlework--join us for an evening of stitchery and conversation. All levels are welcome. For information, call 902-865-8653.

English Conversation Group for Women

Thurs, Oct 5

10am – noon

Keshen Goodman Public Library

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. Basic English is required. To register, call 902-490-6410.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



English Conversation Group

Thurs, Oct 5

10am – noon

Halifax Central Library

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. To register, call 902-490-5706.

SMU Presents *The History of Advertising in Canada* with Nicole Neatby

Thurs, Oct 5

1pm

Halifax Central Library

Advertising will be understood broadly: strategies companies have used to market their products, political propaganda, and government's promotional material. Throughout, you will learn to appreciate how advertising over the 19th and 20th centuries has both reflected and indirectly shaped Canadian's attitudes towards race, class, and gender, and transformed citizens of all stripes into consumers. Note: This is not a course on 'how to do' advertising. For information, call 902-490-5706.

Think Export

Thurs, Oct 5

1 – 3pm

Halifax Central Library

There is a huge market beyond our borders. This seminar will discuss the key elements and requirements for exporting and help you to prepare for and to enter the export market. For information, call 902-490-5706.

Bridge Club

Thurs, Oct 5

1 – 4pm

Captain William Spry Public Library

Meet and play with other bridge lovers. Some Bridge playing experience is necessary. For information, call 902-490-5818.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Job Junction

Thurs, Oct 5

1 – 4pm

Captain William Spry Public Library

You are not alone. Job Junction gives you personalized help with one-on-one meetings. Drop in, bring your questions and needs, and we will review options with you. For information, call 902-490-5818.

Discover Peace Within with Sahaja Meditation

Thurs, Oct 5

1:30 – 2:30pm

Keshen Goodman Public Library

Sahaja Meditation classes begin with self-realization and the spontaneous awakening of your internal energy. This practice gently takes us beyond our thoughts and worries and into the present, where the joy of life exists. Classes are welcoming, relaxing, and practice-oriented. or drop-in when you can. This is a seated meditation class. No need to bring anything but yourself! For information, call 902-490-5738.

Food and Mood

Thurs, Oct 5

6:30 - 8:30pm

Halifax North Memorial Library

Have you ever thought about the relationship between what you eat and how you feel? Join us to explore how healthy eating can support mental well-being. For information, call 902-490-5811.

Con Brio Recorder Consort

Thurs, Oct 5

7 – 8pm

Alderney Gate Public Library, Dartmouth

A group of 10 retired music teachers who enjoy getting together to play music on soprano, alto, tenor and bass recorders, and one cello. The music is eclectic in style and dates from the Elizabethan period through the classical period, including folk tunes and more 'recent' popular music such as The Beatles. For more information, call 902-490-5745.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Needle Niche Craft Social Group

Thurs, Oct 5

7 – 8:50pm

Tantallon Public Library

Meet in the lounge with this social group and bring along any of your needle crafts and join in with this fun group. Knitting, crocheting, quilting, embroidery-share your passion or develop a new hobby. For information, call 902-826-3330.

English Conversation Group

Thurs, Oct 5

7pm

Keshen Goodman Public Library

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. To register, call 902-490-6410.

Movie: *Going in Style*

Fri, Oct 6

10am – noon

Halifax Central Library

Morgan Freeman, Michael Caine, and Alan Arkin play lifelong buddies who decide to buck retirement and step off the straight-and-narrow when their pension funds become a corporate casualty. Desperate to pay the bills and come through for their loved ones, the three men risk it all by embarking on a dark adventure to knock off the very bank that absconded with their money. For information, call 902-490-5706.

Knitters' Circle

Fri, Oct 6

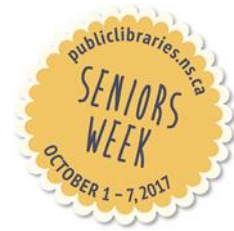
10am – noon

Keshen Goodman Public Library

Fellow knitters from all different parts of the world are invited to share stories, knitting tips, and make new friends! Donations of yarn are always welcome. For information, call 902-490-5738.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Traditional Rug Hooking

Fri, Oct 6

10am – 1pm

Keshen Goodman Public Library

Join our 'hookers' and learn traditional rug hooking techniques or work on your own project. Beginners welcome. For information, call 902-490-5738.

Games at the Library

Fri, Oct 6

12:30 – 2:30pm

Tantallon Public Library

Join us for an afternoon of games such as Scrabble, Crib, or 45's with old friends and new. Please bring a friend or two or your own games to join in the fun. All are welcome. For information, call 902-826-3330.

English Conversation Group for Women

Fri, Oct 6

1 – 3pm

Captain William Spry Public Library, Spryfield

Practice English and meet new friends in a fun and relaxing atmosphere. This program is offered in partnership with the YWCA. For information, call 902-490-5818.

Community Stories of War and Peace

Fri, Oct 6

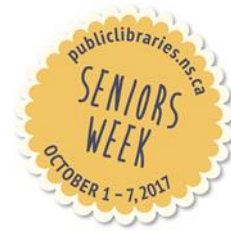
1:30pm

Keshen Goodman Public Library, Halifax

For centuries, Nova Scotia communities have been deeply affected by experiences of war. Professors from across the disciplines come together with members of community groups to collaborate on projects that examine this impact. Join faculty from the Mount and NSCAD, and guests, as they discuss their findings, invite discussion, explore what stories of war and peace are being told. This session is led by Deborah Norris, a professor of Family Studies and Gerontology. For information, call 902-490-5738.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Thanksgiving Cook-Off

Fri, Oct 6

2pm

Captain William Spry Public Library, Spryfield

Join us for a yummy afternoon with Chef Scott. Learn a new twist on traditional Thanksgiving dishes and add some new recipes to your collection. You will get to cook your festive dishes and eat it too. For information and to register, call 902-490-5818.

Discover Your Inner Artist

Fri, Oct 6

3 – 4:30pm

Sackville Public Library

Uncover and discover your creative side with artist Barbara Carter. Using chalk pastels and colour pencils, each participant will explore colour and pattern, creating a unique finished image to take home. No previous art experience necessary. All supplies provided. To register, call 902-865-3744.

Bridge at the Library

Fri, Oct 6

1 – 4pm

Tantallon Public Library

Mixed “Kitchen” style. New members with some experience with Kitchen Style Bridge are welcome to join. For information, call 902-826-3330.

English Conversation Group

Sat, Oct 7

9:15 - 11:15am

Alderney Gate Public Library, Dartmouth

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. To register, call 902-490-5745.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



English Conversation Group (Intermediate Level)

Sat, Oct 7

10am – noon

Bedford Public Library

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. To register, call 902-490-5740.

Cultural Showcase of Woodlawn

Sat, Oct 7

Noon – 4pm

Woodlawn Public Library, Dartmouth

Come celebrate cultures in and around our community. Spend the afternoon with us and learn about different cultures and customs, taste amazing food, and indulge in lively performances. Everyone is welcome. For information, call 902-490-2636.

English Conversation Group 1

Sat, Oct 7

1 – 2:30pm

Keshen Goodman Public Library

Practice English and meet new friends while learning about local community and culture. You will discuss current events and topics of personal interests in a fun and relaxing atmosphere. This is a free program. Basic English is required. To register, call 902-490-6410.

Movie: *Shin Godzilla*

Sat, Oct 7

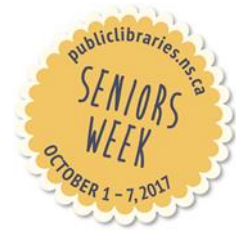
1:30 - 3:30pm

Halifax North Memorial Library

Japan is plunged into chaos upon the appearance of a giant monster. As the government scrambles to save its citizens, a rag-tag team of volunteers uncovers the monster's weakness and its mysterious ties to a foreign superpower. For information, call 902-490-5811.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Movie: *Megan Leavey*

Sat, Oct 7

1:30pm

Sackville Public Library

Based on the true life story of a young Marine corporal whose unique discipline and bond with her military combat dog saved many lives during their deployment in Iraq. Starring Kate Mara and Common. For information, call 902-865-8653.

Acoustic Song Circle

Sat, Oct 7

2 – 4pm

Halifax Central Library

Budding and experienced musicians, you are invited to join our monthly musical gathering. We welcome all types of acoustic instruments and invite people with all skill levels to share their music with others. Bring copies of songs, including guitar chords, if possible, so that other participants can join in the song. Please bring your own instrument, your singing voice, or just your admiration for good music. For information, call 902-490-5706.

Celebration and Tea with Author Allison Lawlor

Sat, Oct 7

2 – 3:30pm

Halifax Central Library

Join local author Allison Lawlor as she discusses her fifth book, *A Royal Couple in Canada*, which she created by combing through the provincial and national archives of Canada to select the most interesting and telling photos from the Queen and Prince Philip's extensive Canadian royal tours. The collection allows a wonderful look at Canada by decade since the 1950s and the pride with which every small community prepared and presented themselves to the royals. Reception and book sale to follow. For information, call 902-490-5706.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Pictou-Antigonish Regional Library <http://parl.ns.ca/>

Grandparents Welcome!

Oct 1 – 7

All PARL libraries

Grandparents are encouraged to join us at the library as special guests for Children's Programs, in celebration of NS Public Libraries Seniors Week. Come and have fun and enjoy stories and songs! For more information, call 1-866-779-7761

Family Caregiver Education Series

Tue, Oct 3

1:30 – 3:30pm

Westville Library

Are you providing care and support to a family member who has been diagnosed with Alzheimer's disease or another dementia, or do you have an interest in care giving? If so, the Family Caregiver Education Series can help you. This series will include presentations, and interactive activities to help prepare family members for their new role. To register, call Beth Jackson from the Alzheimer's Society of Nova Scotia at 902-867-7683 or email beth.jackson@asns.ca This program is aimed towards family members and/or friends who are providing care and support to someone diagnosed with Alzheimer's disease.

Knitting Group

Tue, Oct 3

6:30 – 7:30pm

Stellarton Library

Knitting for kids ages 7+ (adults are welcome too!) this program is open to anyone that wants to get together and knit, or learn the basics! Registration is required, as space and supplies are limited. For more information, please call the library 902-755-1638.

Pictou County Naturalists Club presents *The Secret Lives of Atlantic Puffins* with speaker Amy-Lee Kouwenberg

Tue, Oct 3

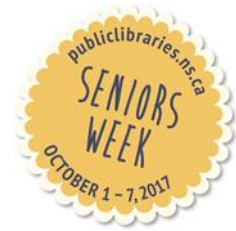
6:30 – 8pm

New Glasgow Library

Come learn about the secret lives of Atlantic Puffins! Amy-Lee Kouwenberg will share results of research she conducted with colleagues at Memorial University of Newfoundland to tell us about what's going on in puffin burrows during the summer breeding season and where adult puffins go in the vast, cold north Atlantic once their chicks have fledged. For more information, call 902-752-8233.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Community Café with Ann Wells and friends!

Wed, Oct 4

2-3pm

Antigonish Town & County Library

Join us monthly for Community Café, where speakers come to chat or give a demonstration about various topics. Tea, coffee and light snacks are served - all are welcome! This month, join Ann Wells and friends as they perform. For information, call 902-863-4276.

Community Café presents Travels through Greece - Islands and the Mainland with speaker Eric Stackhouse

Wed, Oct 4

2:30 – 3:30pm

Westville Library

This month, the library's own Eric Stackhouse will be in to talk about his recent travel to the islands and mainland of Greece, the logistics around his travel as well as the historical sights and culture. Tea, coffee and light snacks will be served, all are welcome! For program suggestions and information, call 902-396-5022 or 902-755-6031.

Knitting and Crocheting Group

Thurs, Oct 5

3 – 4pm

Pictou Library

Drop in to knit and crochet with others every Thursday afternoon. Bring your own yarn and needles, patterns and written instructions will be available. For more information, contact the library at 902-485-5021.

Gaelic for Beginners!

Thurs, Oct 5

6:30 – 8pm

Pictou Library

Join us for the opportunity to learn simple Gaelic phrases and greetings. Register in advance by calling 902-485-5021. All are welcome!

A Mi'kmaq History of the Maritimes with Gerald Gloade of Mi'kmawey Debert Cultural Centre

Thu, Oct 5

7 – 8pm

New Glasgow Library

Join us for an evening as we celebrate Mi'kmaq History Month, with a special presentation on Mi'kmaq History of the Maritimes: about the Traditional Districts of Mi'kma'ki, the Land of the Mi'kmaw, with distinguished guest speaker, Gerald Gloade, Mi'kmaw First Nations. For information, call 902-752-8233.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Knitting Circle led by the RJ Square Knitters

Fri, Oct 6

10:00 – 11:00am

River John Library

Join the library and the RJ Square Knitters for a fun morning of stitching and chatting! All are welcome. For information, call 902-351-2599.

Knitting Circle led by the Stellar Knitters

Fri, Oct 6

1 - 2pm

Stellarton Library

Join us for an afternoon of stitching and conversation in the cozy atmosphere of the Stellarton Library. All are welcome (please bring your own needles, yarn or hooks). For more information, call the library 902-755-1638.

South Shore Public Libraries <http://www.southshorepubliclibraries.ca/>

Handcraft Circle

Tues, Oct 3

1 – 3pm

Thomas H. Raddall Library, Liverpool

Love knitting, quilting, and tatting, or want to learn? Come in, relax, and share your favourite patterns and find some new ones! For information, call 902-354-5270.

Handcraft Circle

Wed, Oct 4

1 - 3pm

Lunenburg Library

Love knitting, quilting, and tatting, or want to learn? Come in, relax, and share your favourite patterns and find some new ones! For information, call 902-634-8008.

Handcraft Circle

Sat, Oct 7

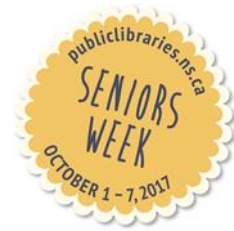
11am – 1pm

Alean Freeman Library, Greenfield, Queens County

Love knitting, quilting, and tatting, or want to learn? Come in, relax, and share your favourite patterns and find some new ones! For information, call 902-685-5400.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Adult Colouring

Fri, Oct 6

1 – 3pm

Thomas H. Raddall Library, Liverpool

Drop in and enjoy a pleasant afternoon colouring with others! For information, call 902-354-5270.

Learn to Play Chess

Wed, Oct 4

6 – 9pm

Margaret Hennigar Public Library, Bridgewater

Everyone is welcome to try their hand at this classic game, from Beginner to Expert. For information, call 902-543-9222.

Games Night

Thurs, Oct 5

5 – 8pm

Thomas H. Raddall Library, Liverpool

If you're looking for a fun, social way to spend an evening, stop by the library and try out some of the best games around! Feel free to bring in your favourites to share with others too! For information, call 902-354-5270.

EBooks with Libby

Mon, Oct 2

10:30am

Lunenburg Library

We have thousands of eBooks and audiobooks. You can borrow them, instantly, for free, using just the device in your hand. Meet Libby, a fresh and easy way to borrow and read from your library. This is the new ebook app created by the same company that created Overdrive. All you need to get started is an internet connection and a library card. We're hosting drop in demonstration sessions. We'll show you how to get the app for your phone or tablet, and in a few clicks you can get started! For information, call 902-634-8008.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



EBooks with Libby

Wed, Oct 4

10:30am

Thomas H. Raddall Library, Liverpool

We have thousands of eBooks and audiobooks. You can borrow them, instantly, for free, using just the device in your hand. Meet Libby, a fresh and easy way to borrow and read from your library. This is the new ebook app created by the same company that created Overdrive. All you need to get started is an internet connection and a library card. We're hosting drop in demonstration sessions. We'll show you how to get the app for your phone or tablet, and in a few clicks you can get started! For information, call 902-354-5270.

Wayne Johnston @ The Lunenburg Library

Thurs, Oct 5

7 pm

Critically acclaimed, prizewinning and internationally bestselling Canadian author Wayne Johnston will be returning to Lunenburg this fall! Join us to hear Wayne read from his newest work *First Snow, Last Light*. For information, call 902-634-8008.

Western Counties Regional Library <http://westerncounties.ca/>

Smart Phone Technology

Sat, Sept 30 – The day before the start of Seniors Week.

11 -11:45am & 1:45 – 2:30pm

Ecole Par-En-Bas, 4258 Rte 308, Tusket

WCRL Systems Administrator Ryan McKenzie will be hosting two sessions for seniors on "Smart Phone Technology" as part of the Yarmouth County Seniors Expo. For more information, call 902-742-2486 x 243.

Games Night for Seniors

Mon, Oct 2

7 – 9pm

Weymouth Waterfront Library

Come enjoy games featuring "Auction 45", "Wizard" and "Chess". For more information, call 902-837-4596

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Seniors Tea

Tues, Oct 3

1:30 – 2:30pm

Senator Ambrose H. Comeau Memorial Library, Meteghan

Older adults can socialize at the library and enjoy an afternoon tea in celebration of Seniors Week. For more information, call 902-645-3350

Fidget Quilts

Tues, Oct 3

6:30 – 7:30pm

Pubnico Library Branch

Learn to make Fidget Quilts which help to calm and soothe persons suffering the effects of dementia and Alzheimer's Disease. For more information, call 902-762-2204

BINGO for Seniors

Wed, Oct 4

2:30 – 3:30pm

Izaak Walton Killam Memorial Library (Yarmouth Branch)

Enjoy BINGO with other seniors at our Yarmouth Library. For more information, call 902-742-5040

“Stories of a Century”

Wed, Oct 4

6:30 -7:30pm

McKay Memorial Library (Shelburne Branch)

Come celebrate native son Bill Cox, 100 years young! Bill is a native of the Town of Shelburne and is celebrating his 100th birthday this week. Learn about local history through the eyes of a local centenarian. For more information, call 902-875-3615

Chair Yoga

Thurs, Oct 5

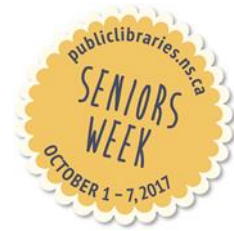
10:30 – 11:30am

Lilian Benham Library (Lockeport Branch)

Come and enjoy a fun and safe way to exercise with host E. Alex Pierce. Chair Yoga is “Not Just for Seniors”. All are welcome! For more information, call 902-656-2817.

Seniors Week 2017 – Programs

<http://publiclibraries.ns.ca>



Death Café (en français)

Thurs, Oct 5

11am – noon

Senator Ambrose H. Comeau Memorial Library (Meteghan Branch)

Réseau Santé N.E. presenter, Bertha Brannen, discusses planning for the end of life and elder abuse. Participants are invited for refreshments following the talks. For more information, call 902-645-3350.

Nutrition for Seniors

Thurs, Oct 5

2pm

Barrington Municipal Library (Barrington Passage Branch)

Elizabeth Kingsland, dietitian at Roseway Hospital will discuss a healthy lifestyle through nutrition, for seniors. For more information, call 902-637-3348.

Have a great Seniors Week at Nova Scotia's public libraries!

<http://publiclibraries.ns.ca>